

ROOT CANAL THERAPY POST-OPERATIVE INSTRUCTIONS

Your root canal treatment has been completed. Following your root canal:

- **Return to your general dentist for a permanent restoration of the tooth immediately, but in no case longer than 30 days**
- Do not eat anything until the numbness in your mouth from the anesthesia wears off
- **It is normal to feel some tenderness and/or pain in your tooth, jaw, and the area surrounding the tooth, for a period of time due to the injections and/or manipulation during the root canal procedure**
- Usually 600-800mg of ibuprofen (Advil/Motrin) or 1000mg of acetaminophen (Tylenol) every 6-8 hours is adequate to keep this discomfort under control. If this doesn't resolve your symptoms, please take the pain medication we've prescribed to you.
- The treated tooth may be tender to touch or biting or may feel "different" sometimes for as long as four months
- Refrain from biting or chewing on the treated tooth until your general dentist has placed a permanent restoration. Your tooth may feel rough until that occurs.
- Continue brushing and flossing as normal

Contact our office promptly if you develop any of the following:

- A visible swelling inside or outside of your mouth;
- Severe pain or pressure that lasts more than five days; or
- An allergic reaction to medication, including rash, hives, itching or difficulty breathing (nausea is not an allergic reaction).
- It is normal for a thin layer of the temporary filling to wash away. If you feel you have lost the entire temporary filling material, please contact us.

The office telephone is answered day and night. If you need to call after hours, please have your pharmacy number available and contact the office where you received endodontic treatment.

Orlando Endodontic Specialists

Downtown Orlando – (407) 423-7667

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